



**DABA MODIBO KEITA,
Taekwondo Champion**

**Physicians
Committee**
for Responsible Medicine

I AM A TWO-TIME WORLD CHAMPION.

I am 6'8 and compete in the heavyweight division of Taekwondo, yet I remain as flexible and as quick as athletes half my size. I fuel my body and my training with a balanced diet of fresh foods, fruits, and vegetables. I am unstoppable!

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